

## Outpatient Treatments for COVID-19 in Children

**Outpatient treatments for mild-moderate COVID-19 are available for patients who meet the following general criteria:**

- An underlying risk factor for progression to severe disease, available on [Anchor](#) or [NCH website](#)
- Symptoms of COVID-19 and a positive viral test for SARS-CoV-2 (including home tests)
- Not hospitalized due to COVID-19, requiring oxygen therapy due to COVID-19, or requiring an increase in oxygen flow rate due to COVID-19 (for those on chronic oxygen therapy)

Drug Name	Minimum Age	Minimum Weight	Additional Criteria	Contraindications/Precautions	How to Access <sup>†</sup>
Paxlovid (nirmatrelvir & ritonavir)	12 years	40 kg	<ul style="list-style-type: none"> <li>• Able to start treatment within <u>5</u> days of symptom onset</li> <li>• Able to swallow pills whole</li> </ul>	Contraindications: <ul style="list-style-type: none"> <li>• Transplant &amp; currently on immunosuppressive therapy</li> <li>• Pregnancy</li> <li>• Malabsorption</li> <li>• Many drug-drug interactions<sup>¶</sup></li> </ul>	Call Physician Direct Connect (614-355-0221) and speak to an ID physician or prescribe to retail pharmacy or NCH Blue pharmacy <sup>‡</sup>
IV Remdesivir (3-day course)	28 days	3 kg	<ul style="list-style-type: none"> <li>• Able to start treatment within <u>7</u> days of symptom onset</li> </ul>	Precautions: <ul style="list-style-type: none"> <li>• Transaminase elevation</li> <li>• PT prolongation</li> </ul>	Call Physician Direct Connect (614-355-0221) and speak to an ID physician

<sup>†</sup>For NCH inpatients with COVID-19 but NOT hospitalized because of COVID-19, and who are otherwise eligible for outpatient therapy, contact the ID consult team. If treatment recommended, bebtelovimab and remdesivir can be ordered in Epic; for Paxlovid, work with clinical pharmacist to complete review of potential drug-drug interactions and facilitate ordering.

<sup>¶</sup>Review contraindications before prescribing. If obtained through ID via Physician Direct Connect, pharmacy review occurs routinely prior to prescribing.

<sup>‡</sup>Clinicians may prescribe Paxlovid to [retail pharmacies](#) or NCH Blue pharmacy without speaking to NCH ID. All prescriptions written in NCH Epic will undergo pharmacist review prior to transmission to the pharmacy.